



HOT WEATHER SAFETY TIPS

Follow these suggestions to reduce heat related incidents on the road.



TRUCK SAFETY



AIR CONDITIONER.

Test it, and inspect for leaks in the hoses and strange noises from the blower motor.



INSPECT YOUR TIRES.

Heat increases air pressure and makes rubber wear more quickly. Be prepared for a blow out.



BRAKE FAILURE IS COMMON.

Brakes are subject to wear and affected by temperature.



WINDSHIELD WASHER.

Summer is bug season! Carry extra windshield washer to keep your view clear.



PERSONAL SAFETY



STAY HYDRATED.

Be sure to have extra water with you during your daily route.



PREPARE FOR WARM TEMPERATURES

by wearing light weight, light colored clothing of breathable fabric.



TAKE BREAKS

where possible.



SEEK OUT COOLER SHELTER OR SHADE

to bring relief from the hot sun.



RECOGNIZE THE SYMPTOMS OF HEAT EXHAUSTION/DEHYDRATION

include clammy skin, heavy sweating, fatigue, nausea, dizziness/fainting, and confusion or decreased alertness.



Follow your company policies and notify your employer immediately of any heat related concerns.



**BEAT THE HEAT
STAY SAFE!**



WMA BC
WASTE MANAGEMENT ASSOCIATION OF BC