



## Kitchen container tips

- Regularly empty your kitchen container into your building's TBD.
- Keep your kitchen container clean by lining it with a few sheets of newspaper or a paper bag.
- Wrap your food scraps in paper towels or newsprint before adding to your kitchen container.
- Sprinkle baking soda in your kitchen container.
- Wash your kitchen container with hot water and soap each time you empty it.
- If you move, please leave your kitchen container in your suite.

**Plastic bags, even those labeled "biodegradable" or "compostable" are not allowed in the TBD.**

## MULTI-UNIT RESIDENTIAL BUILDINGS

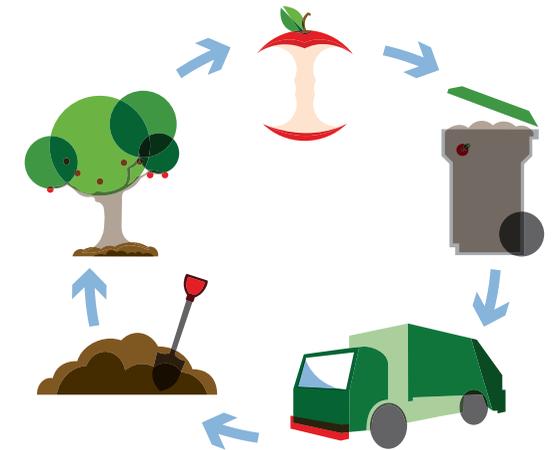


You can now put all your food scraps, plate scrapings and food-soiled paper in your TBD.

### THE TBD PROGRAM HAS ARRIVED!

More than 40 per cent of what we typically throw away can go into your building's TBD. When it's buried at the landfill, garbage that contains food scraps rots and creates global warming pollution.

Recycling our food scraps reduces the volume of garbage we produce, cuts down on global warming pollution, and creates a useful composted soil product for local gardens and farms.



### WHAT HAPPENS TO YOUR FOOD SCRAPS

1. Place all food scraps in TBD.
2. TBD are emptied TBD and the contents taken to a compost facility.
3. Food scraps and yard trimmings are turned into nutrient-rich soil.
4. Soil is used to help grow new plants.

# WHAT GOES IN



Plate Scrapings



Meat & Bones



Noodles, Pasta, Grains & Bread



Fish, Seafood & Shells



Fruits & Vegetables



Eggs & Dairy



Coffee Filters, Coffee Grounds & Tea Bags



Food-Soiled Paper



Yard Trimmings



Plastic Bags (Including compostable or biodegradable)



Twist Ties, Elastic Bands & Plastic or Foil Wrappers



Diapers



Pet Waste & Cat Litter



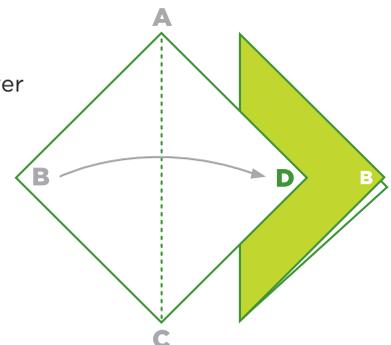
Oil, Grease & Liquids



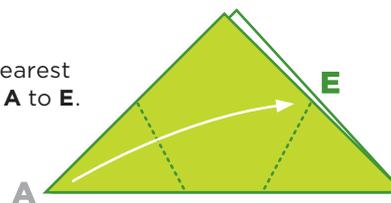
Styrofoam, Plastic, Glass, Metal, Tetra Pak or Foil Food Containers

## MAKE A KITCHEN CONTAINER LINER

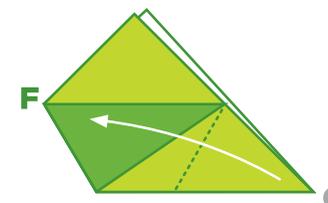
1 Fold newspaper over so point **B** rests on point **D**.



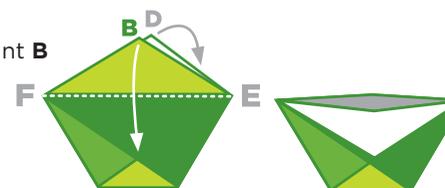
2 Place folded side nearest to you. Bring point **A** to **E**.



3 Fold point **C** to **F**.



4 Fold down point **B** and point **D**.



Keep odours and mess to a minimum by wrapping your food scraps in paper.

## THREE SIMPLE STEPS



1 Line your kitchen container with newspaper or a paper bag.



2 Wrap food scraps and plate scrapings and collect them in your kitchen container.



3 Empty the contents of your kitchen container as needed into your building's TBD. Close the lid when done. If you are unsure of where your TBD is please ask your building manager or landlord.

If every resident in Vancouver recycled food scraps for a whole year, we'd remove 5,500 trucks worth of food scraps from the landfill.